

# Individual Best Times (All Time)

Joseph Lound-Keast - (870405) - Biggleswade SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.80	35.40	194	17/07/21	Biggleswade SC 2021 Club Championships	Biggleswade	ER210204	4
100 Freestyle	1:17.86	1:18.90	191	18/09/21	Biggleswade SC 2021 Club Championships	Biggleswade	ER210206	4
200 Freestyle	2:54.44	2:56.40	184	04/11/17	2017 BWSC Club Championships	Biggleswade	ER172199	4
400 Freestyle	6:17.41	6:21.10	177	23/09/17	2017 Biggleswade Club Championships	Biggleswade	ER172197	4
50 Breaststroke	46.94	47.60	150	17/07/21	Biggleswade SC 2021 Club Championships	Biggleswade	ER210204	4
200 Breaststroke	3:45.22	3:47.60	151	18/09/21	Biggleswade SC 2021 Club Championships	Biggleswade	ER210206	4