

Individual Best Times (All Time)

Amber Brown - (890947) - Arun Tridents SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.02	32.40	365	26/05/18	Cardiff International Open Meet	Cardiff	WL180158	1
200 Freestyle	2:38.79	2:36.60	358	26/05/18	Cardiff International Open Meet	Cardiff	WL180158	1
400 Freestyle	5:28.06	5:23.70	369	27/05/18	Cardiff International Open Meet	Cardiff	WL180158	1
800 Freestyle	11:12.45	11:03.80	374	04/02/18	Sussex County Championships & Age Group Comp	Crawley	SE180606	1
50 Breaststroke	43.95	43.20	292	06/04/19	Crawley Spring Open	Crawley	SE190011	1
100 Breaststroke	1:36.35	1:35.00	294	30/09/17	Lis Hartley Long Course Open Meet	Crawley	SE170538	3
200 Breaststroke	3:36.89	3:34.40	255	24/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1
50 Butterfly	34.25	33.70	362	06/04/19	Crawley Spring Open	Crawley	SE190011	1
100 Butterfly	1:19.02	1:18.10	346	06/04/19	Crawley Spring Open	Crawley	SE190011	1
200 Butterfly	3:00.04	2:58.30	309	09/02/19	SUSSEX COUNTY CHAMPIONSHIPS	Crawley	SE190455	1
50 Backstroke	39.44	38.90	315	26/05/18	Cardiff International Open Meet	Cardiff	WL180158	1
200 Individual Medley	2:52.27	2:50.00	392	27/05/18	Cardiff International Open Meet	Cardiff	WL180158	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.85	32.50	373	14/04/19	Littlehampton S.C. Easter Open Meet 2019	Bognor Regis	SE190251	3
100 Freestyle	1:22.82	1:23.80	223	27/11/15	Sybil Tarvis Age Group Gala 2015	Bognor Regis	SE151304	4
200 Freestyle	2:29.24	2:31.60	403	02/12/17	Littlehampton Club Championships 2017	Arun	SE170878	4
400 Freestyle	5:14.05	5:18.50	399	03/12/17	Littlehampton Club Championships 2017	Bognor Regis	SE170879	4
800 Freestyle	10:50.52	10:59.40	395	18/11/18	Littlehampton Long Distance Invitational 2018	Littlehampton	SE182757	4
50 Breaststroke	41.63	42.40	316	06/01/19	Littlehampton S.C. January Splash Meet 2019	Bognor Regis	SE190007	3
100 Breaststroke	1:28.78	1:30.20	346	12/01/19	Brighton SC Tom Handley Open Meet	Prince Regent	SE190173	3
200 Breaststroke	3:11.38	3:14.10	347	02/12/17	Littlehampton Club Championships 2017	Arun	SE170878	4
50 Butterfly	33.37	33.90	389	14/04/19	Littlehampton S.C. Easter Open Meet 2019	Bognor Regis	SE190251	3
100 Butterfly	1:15.59	1:16.60	365	12/01/19	Brighton SC Tom Handley Open Meet	Prince Regent	SE190173	3
200 Butterfly	2:53.96	2:55.80	325	13/01/19	Brighton SC Tom Handley Open Meet	Prince Regent	SE190173	3
50 Backstroke	38.57	39.10	280	12/12/17	Littlehampton Club Championships 2017	Littlehampton	SE170880	4
100 Backstroke	1:28.25	1:29.20	240	27/11/15	Sybil Tarvis Age Group Gala 2015	Bognor Regis	SE151304	4
200 Backstroke	2:45.49	2:47.50	371	14/04/19	Littlehampton S.C. Easter Open Meet 2019	Bognor Regis	SE190251	3
200 Individual Medley	2:49.12	2:51.40	374	22/10/17	Sussex County ASA Winter Short Competition	Crawley	SE171874	2
400 Individual Medley	5:56.19	6:01.10	384	23/11/18	Littlehampton 400m IM Invitational 2018	Littlehampton	SE182758	4
100 Individual Medley	1:19.03	1:19.00	365	22/10/17	Sussex County ASA Winter Short Competition	Crawley	SE171874	2