

Individual Best Times (All Time)

Darcey Adam - (895104) - Grangemouth ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.17	30.50	434	31/05/15	East District Open with SASA Grand Prix	Edinburgh	SCO984	1
100 Freestyle	1:07.38	1:06.10	451	30/03/16	Scottish National Age Group Championships	Glasgow	SCO1106	1
200 Freestyle	2:33.69	2:31.40	395	01/04/16	Scottish National Age Group Championships	Glasgow	SCO1106	1
400 Freestyle	5:16.61	5:12.10	410	03/04/16	Scottish National Age Group Championships	Glasgow	SCO1106	1
800 Freestyle	10:35.57	10:26.40	443	05/02/16	Derwentio Excel February Festival 2016	Sheffield	EM160047	1
100 Breaststroke	1:35.11	1:33.80	306	05/04/15	Scottish National Age Group Championships	Aberdeen	SCO959	1
200 Breaststroke	3:26.09	3:23.50	297	02/04/15	Scottish National Age Group Championships	Aberdeen	SCO959	1
50 Butterfly	32.61	32.00	420	12/05/18	2018 WD Wannabe - BITW AG Open Meet	Tollcross	SCO1465	1
100 Butterfly	1:16.77	1:15.80	377	13/05/18	2018 WD Wannabe - BITW AG Open Meet	Tollcross	SCO1465	1
50 Backstroke	34.36	33.80	477	17/02/18	2018 WD Long Course Championships - Round 2	Glasgow	SCO1423	1
100 Backstroke	1:15.57	1:14.50	436	30/01/16	Brodies Schools Swimming Championships	Glasgow	SCO1090	1
200 Backstroke	2:40.38	2:38.30	452	27/05/17	East District Long Course Open Meet	Edinburgh	SCO1301	1
200 Individual Medley	2:45.74	2:43.30	440	30/01/16	Brodies Schools Swimming Championships	Glasgow	SCO1090	1
400 Individual Medley	5:55.53	5:50.50	418	06/02/16	Derwentio Excel February Festival 2016	Sheffield	EM160047	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.82	30.50	454	25/10/15	DCA Autumn Open Meet	Dundee	SCO1030	2
100 Freestyle	1:05.18	1:06.50	458	24/10/15	DCA Autumn Open Meet	Dundee	SCO1030	2
200 Freestyle	2:20.41	2:22.90	484	25/10/15	DCA Autumn Open Meet	Dundee	SCO1030	2
400 Freestyle	4:53.46	4:58.20	489	24/10/15	DCA Autumn Open Meet	Dundee	SCO1030	2
800 Freestyle	10:32.85	10:41.90	429	14/06/15	ELST Distance Meet 2015	Mercat Gait	SCO998	2
50 Breaststroke	41.97	42.70	308	19/12/15	Cumbernauld Christmas Sprints 2015	Cumbernauld	SCO1064	3
100 Breaststroke	1:29.40	1:30.80	339	03/09/17	Central Swimming Championships	Grangemouth	SCO1327	2
200 Breaststroke	3:10.40	3:13.20	353	30/04/16	Dumfries & FIRST Spring Meet	Bellshill	SCO1119	2
50 Butterfly	32.40	33.00	426	21/05/16	Swim West Lothian IM Tough Meet	Livingston	SCO1134	2
100 Butterfly	1:13.13	1:14.20	403	25/10/15	DCA Autumn Open Meet	Dundee	SCO1030	2
200 Butterfly	3:04.68	3:06.40	271	13/06/15	ELST Distance Meet 2015	Mercat Gait	SCO998	2
50 Backstroke	34.70	35.30	385	19/12/15	Cumbernauld Christmas Sprints 2015	Cumbernauld	SCO1064	3
100 Backstroke	1:12.92	1:14.00	426	11/02/18	Bellshill Sharks Open Meet	Sir Matt Busby Pool	SCO1528	2
200 Backstroke	2:31.66	2:33.80	482	14/11/15	SASA West District JAG Championships	Cumbernauld	SCO1041	1
200 Individual Medley	2:38.91	2:41.40	450	28/10/17	DCA Autumn Open Meet	Dundee	SCO1353	2
400 Individual Medley	5:34.35	5:39.60	464	15/11/15	SASA West District JAG Championships	Cumbernauld	SCO1041	1
100 Individual Medley	1:14.80	1:14.80	431	09/01/16	FIRST Open Meet 2016	Bathgate	SCO1067	2