

Individual Best Times (All Time)

Aidan Allan - (90024133) - Menzieshill & Whitehall Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.11	36.50	178	24/06/23	East District Summer Sizzler	Edinburgh	SCO2052	1
100 Freestyle	1:18.01	1:16.90	216	16/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1
50 Breaststroke	47.76	47.10	160	24/06/23	East District Summer Sizzler	Edinburgh	SCO2052	1
100 Breaststroke	1:44.93	1:43.70	159	16/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1
100 Backstroke	1:27.58	1:26.70	204	17/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.00	33.60	227	24/02/24	Hearts Fast February	Edinburgh	SCO2155	2
100 Freestyle	1:27.21	1:28.20	135	03/12/23	St Thomas ASC Winter Graded Meet 2023	Arbroath	SCO2104	3
50 Breaststroke	45.03	45.70	170	18/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2
100 Breaststroke	1:36.75	1:38.00	186	20/04/24	SASA Midland District League 2 Round 3	Dundee	SCO2181	2
50 Backstroke	39.43	39.90	176	10/02/24	FIRST Open Age Group Meet 2024	Grangemouth	SCO2146	2
100 Backstroke	1:33.52	1:34.40	138	03/12/23	St Thomas ASC Winter Graded Meet 2023	Arbroath	SCO2104	3