

Individual Best Times (All Time)

Abigail Anwyl - (903551) - Holywell Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:23.04	1:22.00	241	20/04/14	Welsh Age Group & Youth Championships	WNPS	WAL560	1
50 Breaststroke	46.66	46.00	244	07/06/14	Cardiff International Open Meet	Cardiff	WAL573	1
100 Breaststroke	1:39.86	1:38.60	264	06/06/14	Cardiff International Open Meet	Cardiff	WAL573	1
200 Breaststroke	3:31.59	3:29.10	274	19/04/14	Welsh Age Group & Youth Championships	WNPS	WAL560	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	40.45	41.00	182	06/07/13	Holywell Summer Sprint	Holywell	WAL508	4
100 Freestyle	1:32.03	1:32.90	162	21/09/13	Holywell Club & Closed Invitational Meet	Holywell	WAL516	4
200 Freestyle	3:05.98	3:07.80	208	02/02/14	Swim Wales North Region Championships	Llandudno	WAL545	2
400 Freestyle	6:56.05	6:59.40	171	07/12/13	BG Swim Wales North Sub Regional Champs	Llandudno	WAL536	4
50 Breaststroke	46.38	47.10	228	18/01/14	Holywell Valentine Meet	Holywell	WAL541	2
100 Breaststroke	1:36.73	1:38.00	267	25/05/14	Swim Conway Whitsun Meet	Llandudno	WAL570	2
200 Breaststroke	3:27.18	3:29.70	274	24/05/14	Swim Conway Whitsun Meet	Llandudno	WAL570	2
50 Butterfly	56.46	56.80	80	27/10/12	Geoff Drew Memorial Meet 2012	Holywell	WAL458	4
100 Butterfly	2:07.29	2:07.90	76	07/12/13	BG Swim Wales North Sub Regional Champs	Llandudno	WAL536	4
50 Backstroke	45.11	45.60	175	19/01/14	Holywell Valentine Meet	Holywell	WAL541	2
100 Backstroke	1:42.81	1:43.60	152	12/05/13	BG Swim Wales Nth Junior Development	Llandudno	WAL493	4
100 Individual Medley	1:37.19	1:37.20	196	26/10/13	Geoff Drew Memorial Meet	Holywell	WAL526	4