

Individual Best Times (All Time)

Beatrice Adams - (919547) - City of Norwich SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.77	29.10	498	27/02/16	Warwickshire ASA Championships	Coventry	WM160090	1
100 Freestyle	1:04.78	1:03.50	508	28/01/17	Warwickshire Swimming Championships	Coventry	WM170010	1
200 Freestyle	2:16.84	2:14.30	560	30/04/17	West Midland Championships	Coventry	WM170518	1
400 Freestyle	4:42.99	4:38.00	575	04/08/17	Swim Wales Summer Nationals	Swansea	WL170074	1
800 Freestyle	9:39.26	9:29.20	586	28/05/16	West Midlands ASA Championships	Coventry	WM160483	1
50 Butterfly	33.57	33.00	385	05/03/16	Warwickshire ASA Championships	Coventry	WM160091	1
100 Butterfly	1:13.95	1:12.90	422	27/02/16	Warwickshire ASA Championships	Coventry	WM160090	1
50 Backstroke	34.18	33.60	485	20/02/16	Warwickshire ASA Championships	Coventry	WM160089	1
100 Backstroke	1:12.62	1:11.50	492	08/04/17	Derwentio Excel 11th LC Open Meet	Sheffield	EM170259	1
200 Backstroke	2:33.34	2:31.10	517	10/04/16	Derwentio Excel 10th Open Meet 2016	Sheffield	EM160046	1
200 Individual Medley	2:35.36	2:32.80	534	11/02/17	Warwickshire Swimming Championships	Coventry	WM170011	1
400 Individual Medley	5:24.50	5:19.00	550	28/01/17	Warwickshire Swimming Championships	Coventry	WM170010	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.62	30.30	463	02/04/16	Nuneaton & Bedworth Delia Reynolds Open Meet	Nuneaton	WM160380	3
100 Freestyle	1:02.40	1:03.70	522	02/04/16	Nuneaton & Bedworth Delia Reynolds Open Meet	Nuneaton	WM160380	3
200 Freestyle	2:13.46	2:16.00	564	01/07/17	Boldmere Water Carnival	Stechford	WM170972	3
400 Freestyle	4:35.75	4:40.80	590	03/07/16	Boldmere Water Carnival	Stechford	WM161270	3
800 Freestyle	9:31.56	9:41.60	582	25/03/16	City of Birmingham 23rd Open Meet	Birmingham	WM160128	2
1500 Freestyle	20:25.76	20:42.50	406	23/01/15	Boldmere Distance Time Trials	Stechford	WM150516	4
50 Breaststroke	43.27	44.00	281	05/07/15	Boldmere Water Carnival	Stechford	WM150921	3
100 Breaststroke	1:26.08	1:27.50	380	24/09/16	Boldmere Club Championships	Boldmere	WM161929	4
50 Butterfly	33.67	34.20	379	04/07/15	Boldmere Water Carnival	Stechford	WM150921	3
100 Butterfly	1:13.70	1:14.70	394	02/07/16	Boldmere Water Carnival	Stechford	WM161270	3
200 Butterfly	2:36.35	2:38.40	447	03/07/16	Boldmere Water Carnival	Stechford	WM161270	3
50 Backstroke	33.16	33.80	441	02/07/16	Boldmere Water Carnival	Stechford	WM161270	3
100 Backstroke	1:09.59	1:10.70	490	02/04/16	Nuneaton & Bedworth Delia Reynolds Open Meet	Nuneaton	WM160380	3
200 Backstroke	2:27.43	2:29.70	525	21/11/15	The Leicester Open Meet	Leicester	EM151050	2
200 Individual Medley	2:31.84	2:34.40	516	02/04/16	Nuneaton & Bedworth Delia Reynolds Open Meet	Nuneaton	WM160380	3
400 Individual Medley	5:25.95	5:31.30	501	07/10/17	Worcester 20th Open Meet	Perdiswell LC	WM171901	3
100 Individual Medley	1:14.33	1:14.30	439	24/09/16	Boldmere Club Championships	Boldmere	WM161929	4