

Individual Best Times (All Time)

Holly Anderson - (922670) - Worksop Dolphins SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.13	29.40	481	31/05/15	Midlands Championships 2015	Coventry	WM150796	1
100 Freestyle	1:03.37	1:02.00	543	01/06/14	City of Sheffield No Frills Meet	Sheffield	NE4315	1
200 Freestyle	2:16.34	2:13.80	567	31/05/15	Midlands Championships 2015	Coventry	WM150796	1
400 Freestyle	4:43.97	4:39.00	569	01/06/14	City of Sheffield No Frills Meet	Sheffield	NE4315	1
800 Freestyle	9:49.87	9:40.00	555	07/06/14	Midland Age Group Championships 2014	Coventry	WMR414	1
50 Breaststroke	45.30	44.60	266	30/08/14	Worksop Dolphins The 30th Dukeries Open Meet	Sheffield	EM4454	3
100 Breaststroke	1:34.12	1:32.80	316	30/08/14	Worksop Dolphins The 30th Dukeries Open Meet	Sheffield	EM4454	3
50 Butterfly	34.93	34.40	342	30/08/14	Worksop Dolphins The 30th Dukeries Open Meet	Sheffield	EM4454	3
100 Butterfly	1:13.26	1:12.20	434	14/06/14	Midland Age Group Championships 2014	Coventry	WMR415	1
200 Butterfly	2:55.50	2:53.70	334	30/11/13	City of Sheffield Snow Frills Gala	Sheffield	NE3174	3
50 Backstroke	37.74	37.20	360	30/08/14	Worksop Dolphins The 30th Dukeries Open Meet	Sheffield	EM4454	3
100 Backstroke	1:18.15	1:17.10	394	07/06/14	Midland Age Group Championships 2014	Coventry	WMR414	1
200 Backstroke	2:47.26	2:45.30	399	14/06/14	Midland Age Group Championships 2014	Coventry	WMR415	1
200 Individual Medley	2:42.89	2:40.40	464	08/06/14	Midland Age Group Championships 2014	Coventry	WMR414	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.39	30.10	474	14/03/15	Nottinghamshire County Championships	Nottingham	CC150386	2
100 Freestyle	1:02.40	1:03.70	522	01/03/15	Nottinghamshire County Championships	Nottingham	CC150385	2
200 Freestyle	2:12.42	2:15.00	578	14/02/15	Nottinghamshire County Championships	Nottingham	CC150384	2
400 Freestyle	4:38.71	4:43.70	571	01/03/15	Nottinghamshire County Championships	Nottingham	CC150385	2
800 Freestyle	9:30.83	9:40.90	585	28/02/15	Nottinghamshire County Championships	Nottingham	CC150385	2
50 Breaststroke	41.34	42.10	323	08/10/14	Worksop Dolphins SC Club Championships 2014	Worksop	EM14097	4
100 Breaststroke	1:28.50	1:29.90	349	13/04/14	Worksop Dolphins 6th Spring Open Meet	Worksop	EM4417	3
200 Breaststroke	3:09.52	3:12.30	357	01/10/14	Worksop Dolphins SC Club Championships 2014	Worksop	EM14097	4
50 Butterfly	32.89	33.50	407	28/02/15	Nottinghamshire County Championships	Nottingham	CC150385	2
100 Butterfly	1:13.49	1:14.50	397	12/10/14	Worksop Dolphins SC Club Championships 2014	Worksop	EM14097	4
200 Butterfly	2:44.58	2:46.50	383	16/03/14	Nottinghamshire County Championships	Nottingham	CC4035	2
50 Backstroke	34.75	35.30	383	19/10/14	Worksop Dolphins SC Club Championships 2014	Worksop	EM14097	4
100 Backstroke	1:13.90	1:15.00	409	11/05/14	The Ernehale Open Meet	Nottingham	EM4164	3
200 Backstroke	2:36.00	2:38.10	443	11/10/14	Worksop Dolphins SC Club Championships 2014	Worksop	EM14097	4
200 Individual Medley	2:36.32	2:38.80	473	14/03/15	Nottinghamshire County Championships	Nottingham	CC150386	2
400 Individual Medley	5:33.29	5:38.50	468	15/02/15	Nottinghamshire County Championships	Nottingham	CC150384	2
100 Individual Medley	1:13.23	1:13.20	459	11/10/14	Worksop Dolphins SC Club Championships 2014	Worksop	EM14097	4