

Individual Best Times (All Time)

RACHEL ALLAN - (924247) - Forfar ASC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.81	34.40	311	01/09/19	Midland District Sprint Championships	Olympia LC	SCO1694	2
100 Freestyle	1:16.70	1:17.80	281	28/04/19	MW Spring Development Meet 2019	New Olympia	SCO1651	2
50 Breaststroke	42.34	43.10	300	01/09/19	Midland District Sprint Championships	Olympia LC	SCO1694	2
100 Breaststroke	1:33.78	1:35.10	294	28/04/19	MW Spring Development Meet 2019	New Olympia	SCO1651	2
200 Breaststroke	3:25.07	3:27.60	282	28/04/19	MW Spring Development Meet 2019	New Olympia	SCO1651	2
50 Butterfly	40.25	40.70	222	01/09/19	Midland District Sprint Championships	Olympia LC	SCO1694	2
100 Individual Medley	1:27.07	1:27.10	273	01/09/19	Midland District Sprint Championships	Olympia LC	SCO1694	2