

Individual Best Times (All Time)

Mia Blair - (929246) - Haddington & District ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.63	32.00	378	05/02/17	East District Age Groups Finals	Edinburgh	SCO1234	1
100 Freestyle	1:10.31	1:09.10	397	29/05/16	North District Junior LC Time Trials	Aberdeen	SCO1135	2
200 Freestyle	2:34.96	2:32.70	386	28/05/16	North District Junior LC Time Trials	Aberdeen	SCO1135	2
400 Freestyle	5:17.44	5:13.00	407	29/04/17	University of Aberdeen Long Course Open Meet	Aberdeen	SCO1287	1
100 Breaststroke	1:34.27	1:32.90	314	05/02/17	East District Age Groups Finals	Edinburgh	SCO1234	1
50 Butterfly	37.73	37.20	271	29/05/16	North District Junior LC Time Trials	Aberdeen	SCO1135	2
100 Butterfly	1:25.14	1:24.20	276	05/02/17	East District Age Groups Finals	Edinburgh	SCO1234	1
50 Backstroke	33.60	33.00	510	01/04/17	Scottish National Age Group Championships	Aberdeen	SCO1270	1
100 Backstroke	1:11.31	1:10.20	519	30/03/17	Scottish National Age Group Championships	Aberdeen	SCO1270	1
200 Backstroke	2:30.99	2:28.80	542	08/07/17	Scottish Summer Meet	Edinburgh	SCO1321	1
200 Individual Medley	2:50.16	2:47.80	407	03/02/17	East District Age Groups Finals	Edinburgh	SCO1234	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.73	31.40	415	30/10/16	Carngie Winter Open Meet	Glenrothes	SCO1190	2
100 Freestyle	1:08.07	1:09.30	402	17/09/17	Haddington 100s Meet	Haddington	SCO1341	2
200 Freestyle	2:24.95	2:27.30	440	13/01/18	EDAG Round 2 2018	Michael Woods Centre	SCO1432	2
400 Freestyle	4:59.93	5:04.60	458	27/11/16	East District Age Groups Championships	Glenrothes	SCO1206	1
800 Freestyle	10:20.45	10:29.70	455	09/06/17	ELST Distance Meet	Mercat Gait	SCO1313	2
50 Breaststroke	41.38	42.10	322	21/05/17	Swim West Lothian IM Tough 2017	West Lothian	SCO1298	2
100 Breaststroke	1:34.53	1:35.90	287	18/09/16	Haddington 100 Meet	Prestonpans	SCO1172	2
200 Breaststroke	3:15.29	3:18.00	327	11/06/17	ELST Distance Meet	Mercat Gait	SCO1313	2
50 Butterfly	34.48	35.00	353	20/05/17	Swim West Lothian IM Tough 2017	West Lothian	SCO1298	2
100 Butterfly	1:20.07	1:21.00	307	20/05/17	Swim West Lothian IM Tough 2017	West Lothian	SCO1298	2
50 Backstroke	33.01	33.60	447	04/11/17	North District Open Championships 2017	Inverness	SCO1360	1
100 Backstroke	1:10.19	1:11.30	478	05/11/17	North District Open Championships 2017	Inverness	SCO1360	1
200 Backstroke	2:25.88	2:28.10	541	09/12/17	Scottish National Short Course Open Champs	Edinburgh	SCO1389	2
200 Individual Medley	2:44.35	2:46.70	407	11/06/17	ELST Distance Meet	Mercat Gait	SCO1313	2
400 Individual Medley	5:38.86	5:44.00	446	26/11/16	East District Age Groups Championships	Glenrothes	SCO1206	1
100 Individual Medley	1:16.76	1:16.80	398	07/05/17	Haddington Total Swim Meet	Prestonpans	SCO1288	2