

# Individual Best Times (All Time)

Helen Barnett - (971707) - Matlock & District SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
100 Freestyle	1:27.98	1:28.90	186	16/11/18	Matlock and District Club Championships 2018	Matlock	EM182429	4
200 Freestyle	3:25.27	3:27.00	155	18/11/18	Matlock and District Club Championships 2018	Matlock	EM182430	4
400 Freestyle	6:57.20	7:00.60	170	23/11/18	Matlock and District Club Championships 2018	Matlock	EM182431	4
100 Breaststroke	1:46.08	1:47.30	203	20/11/16	Matlock & District Club Championships	Matlock	EM162537	4
200 Breaststroke	3:42.45	3:44.80	221	18/11/16	Matlock & District Club Championships	Matlock	EM162536	4
100 Backstroke	1:45.60	1:46.40	140	16/11/18	Matlock and District Club Championships 2018	Matlock	EM182429	4