

Individual Best Times (All Time)

Lilly Amy - (980138) - Dorking Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.93	31.30	404	28/02/20	Surrey Age Group Championships 2020	London	LR200261	1
100 Freestyle	1:10.31	1:09.10	397	08/03/20	Atlantis Regional Chaser 2020 Level 3 Open Meet	Crawley	SE200111	3
400 Freestyle	5:30.22	5:25.90	362	09/02/20	Surrey Age Group Championships 2020	Crystal Palace	LR200260	1
50 Butterfly	34.80	34.30	345	08/03/20	Atlantis Regional Chaser 2020 Level 3 Open Meet	Crawley	SE200111	3
100 Butterfly	1:29.05	1:28.20	241	04/01/20	Crawley Team Finis New Year Gala 2020	K2, Crawley	SE200082	3
200 Butterfly	3:36.65	3:35.20	177	26/01/20	Surrey Age Group Championships 2020	Surrey	LR200259	1
50 Backstroke	37.50	37.00	367	08/03/20	Atlantis Regional Chaser 2020 Level 3 Open Meet	Crawley	SE200111	3
100 Backstroke	1:19.49	1:18.50	375	07/03/20	Atlantis Regional Chaser 2020 Level 3 Open Meet	Crawley	SE200111	3
200 Backstroke	2:56.40	2:54.50	340	09/02/20	Surrey Age Group Championships 2020	Crystal Palace	LR200260	1
400 Individual Medley	6:19.00	6:14.30	345	08/02/20	Surrey Age Group Championships 2020	Crystal Palace	LR200260	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.53	31.20	423	08/12/22	Dorking SC Sprint Club Championships 2022	Dorking	SE222233	4
100 Freestyle	1:05.44	1:06.70	452	08/10/22	National Arena Swim League South Round One	Portsmouth	SE222056	4
200 Freestyle	2:22.75	2:25.20	461	16/10/22	Dorking SC 200m Club Championships 2022	Dorking	SE221897	4
400 Freestyle	5:06.04	5:10.60	431	24/11/22	Dorking SC 400m Free Club Championships 2022	Dorking	SE222231	4
800 Freestyle	10:56.03	11:04.80	385	14/01/22	Dorking SC 800m Club Championships 2022	Dorking	SE220157	4
1500 Freestyle	20:10.29	20:27.20	422	12/01/23	Dorking SC 800m & 1500m Free Time Trials 2023	Dorking	SE230227	4
50 Breaststroke	43.57	44.30	276	08/12/22	Dorking SC Sprint Club Championships 2022	Dorking	SE222233	4
100 Breaststroke	1:33.13	1:34.50	300	01/07/23	Dorking SC 100m Club Championships 2023	Dorking	SE231301	4
50 Butterfly	34.15	34.70	363	06/11/22	Dorking SC Open Meet 2022	Dorking	SE222062	3
100 Butterfly	1:17.86	1:18.80	334	06/11/22	Dorking SC Open Meet 2022	Dorking	SE222062	3
200 Butterfly	3:01.01	3:02.80	288	15/10/22	Dorking SC 200m Club Championships 2022	Dorking	SE221897	4
50 Backstroke	34.87	35.40	379	07/12/23	Dorking SC Sprint Club Championships 2023	Dorking	SE232501	4
100 Backstroke	1:13.54	1:14.60	415	12/11/22	Arena Swimming League South - Round Two	Amersham	SE222331	3
200 Backstroke	2:39.50	2:41.60	414	21/10/23	Dorking and R&R 200m Club Champs 2023	Dorking	SE232040	4
200 Individual Medley	2:44.49	2:46.90	406	06/11/22	Dorking SC Open Meet 2022	Dorking	SE222062	3
400 Individual Medley	5:49.31	5:54.30	407	17/11/22	Dorking SC 400m IM Club Championships 2022	Dorking	SE222232	4
100 Individual Medley	1:16.88	1:16.90	397	02/07/22	Dorking SC 100m Club Championships	Dorking Sports Cntr	SE221201	4