

Individual Best Times (All Time)

Millie Amerio - (983016) - Halstead Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.95	34.30	308	04/02/17	Essex Age Group Championships	London	ER170023	1
50 Breaststroke	43.31	42.60	305	04/02/17	Essex Age Group Championships	London	ER170023	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.37	34.00	324	04/10/19	Halstead Club Championships	Halstead	ER191695	4
100 Freestyle	1:15.64	1:16.70	293	05/10/19	Halstead Club Championships	Halstead	ER191695	4
200 Freestyle	2:50.55	2:52.60	270	28/09/18	Halstead Club Championships	Halstead LC	ER181762	4
50 Breaststroke	42.42	43.20	299	11/10/19	Halstead Club Championships	Halstead	ER191696	4
100 Breaststroke	1:34.91	1:36.20	283	09/04/17	Halstead 8th Short Course Open Meet	Colchester	ER170505	3
200 Breaststroke	3:32.77	3:35.20	252	28/09/18	Halstead Club Championships	Halstead LC	ER181762	4
50 Butterfly	37.25	37.80	280	28/09/18	Halstead Club Championships	Halstead LC	ER181762	4
100 Butterfly	1:24.36	1:25.30	263	15/04/18	Halstead 9th Short Course Open Meet	Braintree	ER180757	3
50 Backstroke	43.17	43.60	200	05/10/19	Halstead Club Championships	Halstead	ER191695	4
100 Backstroke	1:31.45	1:32.30	216	05/10/18	Halstead Club Championships	Halstead	ER181763	4
200 Individual Medley	3:10.00	3:12.10	263	07/10/17	Halstead Club Championships	Halstead	ER171402	4
100 Individual Medley	1:25.81	1:25.80	285	21/09/18	Halstead Club Championships	Halstead LC	ER181762	4