

# Individual Best Times (All Time)

Grace Whitehouse - (1274509) - Marlborough Penguins ASC

## Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	License	Level
50 Freestyle	37.59	249	18/03/17	City of Cardiff Tiger Bay Open Meet 2017	Cardiff	WL170098	3
100 Freestyle	1:23.30	239	19/03/17	City of Cardiff Tiger Bay Open Meet 2017	Cardiff	WL170098	3
50 Breaststroke	39.67	407	12/05/19	ASA SWR Summer Championships	Bristol	SW190489	1
100 Breaststroke	1:30.84	351	23/03/19	Millfield Street Super Series (LC)	Millfield	SW190330	1
200 Breaststroke	3:19.05	341	14/04/19	Exeter & Taunton April Level 1 Graded Meet	Millfield	SW190354	1
200 Butterfly	3:45.04	158	15/07/18	City of Bristol Summer Festival	Hengrove LC	SW181401	3
50 Backstroke	39.54	317	23/03/19	Millfield Street Super Series (LC)	Millfield	SW190330	1
100 Backstroke	1:27.37	292	15/07/18	City of Bristol Summer Festival	Hengrove LC	SW181401	3
200 Backstroke	3:12.59	267	18/03/17	City of Cardiff Tiger Bay Open Meet 2017	Cardiff	WL170098	3
400 Individual Medley	6:41.11	292	15/07/18	City of Bristol Summer Festival	Hengrove LC	SW181401	3

## Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	License	Level
50 Freestyle	33.09	332	02/06/19	Salisbury Stingrays June 2019 Level 3 Open Meet	Five Rivers LC	SW191736	3
100 Freestyle	1:13.21	323	02/06/19	Salisbury Stingrays June 2019 Level 3 Open Meet	Five Rivers LC	SW191736	3
200 Freestyle	2:39.67	330	27/10/18	Swindon Dolphin Autumn Open Meet 2018	Swindon	SW181494	3
800 Freestyle	11:53.82	302	04/10/18	Swindon Dolphin Club Champs 2018	Marlborough College	SW181542	4
50 Breaststroke	39.76	373	02/06/19	Salisbury Stingrays June 2019 Level 3 Open Meet	Five Rivers LC	SW191736	3
100 Breaststroke	1:28.93	344	19/01/19	Wiltshire ASA Age Group/Championships 2019	Swindon	SW190103	3
200 Breaststroke	3:16.79	319	20/01/19	Wiltshire ASA Age Group/Championships 2019	Swindon	SW190104	2
50 Butterfly	41.35	204	28/07/18	Swindon Dolphin End of Season Meet 2018	Swindon	SW180667	3
200 Butterfly	3:38.73	163	30/09/18	Swindon Dolphin Club Champs 2018	The Link Centre	SW181541	4
50 Backstroke	37.44	322	30/09/18	Swindon Dolphin Club Champs 2018	The Link Centre	SW181541	4
100 Backstroke	1:22.21	299	13/01/19	Wiltshire ASA Age Group/Championships 2019	Swindon	SW190102	3
200 Backstroke	2:52.85	328	27/10/18	Swindon Dolphin Autumn Open Meet 2018	Swindon	SW181494	3
200 Individual Medley	2:59.73	311	17/11/18	Swim Bournemouth Winter Short Course L2 Meet	Bournemouth	SW180271	2
400 Individual Medley	6:27.82	297	30/09/18	Swindon Dolphin Club Champs 2018	The Link Centre	SW181541	4
100 Individual Medley	1:20.79	342	02/06/19	Salisbury Stingrays June 2019 Level 3 Open Meet	Five Rivers LC	SW191736	3