

Individual Best Times (All Time)

Ellie Phillips - (1395167) - Haverfordwest

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	License	Level
50 Freestyle	38.26	215	05/05/19	Amman Valley Open Meet 2019	Carmarthen	WL191483	3
100 Freestyle	1:29.36	177	10/03/19	Llanelli Open Meet 2019	Llanelli	WL190567	3
200 Freestyle	3:29.17	147	28/10/18	Pembrokeshire County Swimming Championships	Haverfordwest	WL181820	3
50 Breaststroke	55.76	135	05/05/19	Amman Valley Open Meet 2019	Carmarthen	WL191483	3
50 Butterfly	46.27	146	05/05/19	Amman Valley Open Meet 2019	Carmarthen	WL191483	3
50 Backstroke	45.34	181	10/02/19	Swim Wales West Regional Championships	Haverfordwest	WL190040	2
100 Backstroke	1:42.17	156	05/05/19	Amman Valley Open Meet 2019	Carmarthen	WL191483	3
200 Backstroke	4:05.70	114	08/04/18	SW West Region No Time Gala	Carmarthen	WL180063	3
200 Individual Medley	4:24.30	98	08/04/18	SW West Region No Time Gala	Carmarthen	WL180063	3
100 Individual Medley	1:43.22	164	27/10/18	Pembrokeshire County Swimming Championships	Haverfordwest	WL181820	3