

Individual Best Times (All Time)

Noah Adams - (1457753) - Fishguard Flyers

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	License	Level
50 Freestyle	59.02	40	17/03/19	Swim Wales West Region No Time Gala	Carmarthen	WL190042	3
50 Backstroke	58.68	54	17/03/19	Swim Wales West Region No Time Gala	Carmarthen	WL190042	3