

Individual Best Times (All Time)

Craig Harris - (522541) - Swindon Dolphin ASC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	License	Level
50 Freestyle	27.38	445	13/07/14	Arena European Junior Swimming Championships	Dordrecht	INT301	1
100 Freestyle	59.41	492	25/06/15	Scottish National Open Championships	Glasgow	SC01005	1
200 Freestyle	2:05.80	533	08/08/14	2014 IPC Swimming European Championships	Eindhoven	DIS101	1
400 Freestyle	4:28.75	549	26/06/15	Scottish National Open Championships	Glasgow	SC01005	1
1500 Freestyle	19:17.48	426	15/10/11	Rushmoor Royals Distance Meet	Aldershot	SE1584	1
50 Breaststroke	40.11	270	14/01/12	City of Derby 11th Long Course Open Meet	Sheffield	EM2018	1
100 Breaststroke	1:12.90	480	28/07/16	British Summer Championships	Sheffield	ASA148	1
200 Breaststroke	3:10.67	293	09/04/11	Bexley Long Course Open Meet	Crystal Palace	LR1012	1
50 Butterfly	32.66	317	15/01/12	City of Derby 11th Long Course Open Meet	Sheffield	EM2018	1
100 Butterfly	1:04.06	470	12/07/14	Arena European Junior Swimming Championships	Dordrecht	INT301	1
200 Butterfly	2:23.41	470	27/02/16	Aquae Sulis Spring Grand Prix	Bristol	SW160100	1
50 Backstroke	34.94	324	03/11/12	City of Bristol Level 3 Open Meet	Bristol	SW2523	3
100 Backstroke	1:06.02	484	26/06/15	Scottish National Open Championships	Glasgow	SC01005	1
200 Backstroke	2:24.64	463	22/12/13	Plymouth Leander Level 1 LC Open 2013	Plymouth	SW3980	1
200 Individual Medley	2:18.71	555	10/08/14	2014 IPC Swimming European Championships	Eindhoven	DIS101	1
400 Individual Medley	5:03.75	517	09/04/16	City of Bristol International Open Meet	Bristol	SW160503	1

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	License	Level
50 Freestyle	27.13	416	02/03/14	DSE National Junior & Youth Championships	Sheffield	DIS097	2
100 Freestyle	58.78	446	06/11/16	ASA SWR Winter Championships	Millfield	SW162268	2
200 Freestyle	2:05.88	491	01/03/14	DSE National Junior & Youth Championships	Sheffield	DIS097	2
400 Freestyle	4:25.42	511	19/12/14	British Gas Swim Wales Open Winter Championships	Swansea	WAL615	1
1500 Freestyle	17:37.95	515	06/10/16	Swindon Dolphin Club Champs 2016	Marlborough	SW160966	4
50 Breaststroke	35.56	358	27/10/18	Swindon Dolphin Autumn Open Meet 2018	Swindon	SW181494	3
100 Breaststroke	1:13.60	431	04/02/17	Wiltshire Age Group Championships	Swindon	SW170236	2
200 Breaststroke	2:41.87	411	22/01/17	Wiltshire Age Group Championships	Swindon	SW170234	2
50 Butterfly	28.83	432	21/12/14	British Gas Swim Wales Open Winter Championships	Swansea	WAL615	1
100 Butterfly	1:03.86	426	02/03/14	DSE National Junior & Youth Championships	Sheffield	DIS097	2
200 Butterfly	2:20.31	463	08/03/14	Wiltshire ASA Age Group Championships	Swindon	CC4099	2
50 Backstroke	32.53	318	21/01/18	Wiltshire Age Group/Championships 2018	Swindon	SW180197	2
100 Backstroke	1:04.66	432	17/01/16	Wiltshire Age Groups Championships	Swindon	SW160240	2
200 Backstroke	2:20.03	429	16/01/16	Wiltshire Age Groups Championships	Swindon	SW160240	2
200 Individual Medley	2:19.93	480	17/01/16	Wiltshire Age Groups Championships	Swindon	SW160240	2
400 Individual Medley	4:53.86	514	15/10/16	Swim Bournemouth Autumn L2 Open Meet	Bournemouth	SW160343	2
100 Individual Medley	1:06.37	435	22/01/17	Wiltshire Age Group Championships	Swindon	SW170234	2