

# Individual Best Times (All Time)

James Watson - (723912) - Crewe Flyers SC

## Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	License	Level
50 Freestyle	23.79	679	24/07/18	British Summer Championships 2018	Sheffield	BSW006	1
100 Freestyle	52.77	702	08/04/18	Derwentio Excel 12th Long Course Open Meet	Sheffield	EM180269	1
200 Freestyle	1:57.48	654	30/04/17	ASA SWR Summer Championships	Plymouth	SW170194	1
400 Freestyle	4:09.52	686	26/07/16	British Summer Championships	Sheffield	ASA148	1
1500 Freestyle	16:32.44	676	02/05/16	ASA SWR Summer Championships	Plymouth	SW160535	1
50 Breaststroke	30.64	607	08/04/18	Derwentio Excel 12th Long Course Open Meet	Sheffield	EM180269	1
100 Breaststroke	1:05.93	649	25/07/17	British Summer Championships 2017	Sheffield	BSW002	1
200 Breaststroke	2:28.00	626	18/03/17	Millfield School Super Series (LC)	Millfield	SW170052	1
50 Butterfly	25.15	694	21/04/19	British Championships 2019	Glasgow	BSW010	1
100 Butterfly	55.98	704	27/07/18	British Summer Championships 2018	Sheffield	BSW006	1
200 Butterfly	2:11.98	603	23/04/16	Millfield & Taunton Super Series	Millfield	SW160152	1
100 Backstroke	1:00.05	643	08/04/18	Derwentio Excel 12th Long Course Open Meet	Sheffield	EM180269	1
200 Backstroke	2:12.79	598	29/05/16	City of Cardiff Open Meet	Cardiff	WL160446	1
200 Individual Medley	2:08.48	698	22/04/17	British Swimming Championships 2017	Sheffield	BSW001	1
400 Individual Medley	4:41.45	650	24/04/16	Millfield & Taunton Super Series	Millfield	SW160152	1

## Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	License	Level
50 Freestyle	23.02	681	08/10/17	Swim England National County Team Div 1 Champs	Sheffield	ENG003	2
100 Freestyle	51.39	668	02/02/19	Cheshire County Championships 2019	Macclesfield	NW190172	2
200 Freestyle	1:52.47	689	20/11/16	Plymouth Leander Winter Qualifier Open 2016	Plymouth	SW160994	2
400 Freestyle	3:59.26	698	06/11/16	ASA SWR Winter Championships	Millfield	SW162268	2
1500 Freestyle	16:03.03	682	09/01/16	Wiltshire Age Group Championships	Marlborough	SW160239	2
50 Breaststroke	34.81	381	06/07/14	BG ASA South West Fast 5 Competition	Gloucester	SW4192	3
100 Breaststroke	1:04.66	636	20/11/16	Plymouth Leander Winter Qualifier Open 2016	Plymouth	SW160994	2
200 Breaststroke	2:19.39	645	17/01/17	Devon County Championships & Age Groups 2017	Plymouth	SW170375	2
50 Butterfly	24.47	707	16/12/18	SE Winter Championships 2018	Sheffield	ENG012	2
100 Butterfly	55.44	652	10/11/18	BUCS Short Course Swimming Championships 2018	Sheffield	NE182328	2
200 Butterfly	2:12.28	552	30/01/16	Wiltshire Age Group Championships	Swindon	SW160241	2
50 Backstroke	30.52	385	06/07/14	BG ASA South West Fast 5 Competition	Gloucester	SW4192	3
100 Backstroke	57.42	617	04/03/18	Devon County Inter Club 2018	Plymouth	SW180385	3
200 Backstroke	2:07.63	566	16/01/16	Wiltshire Age Groups Championships	Swindon	SW160240	2
200 Individual Medley	2:03.31	702	15/12/16	ASA Winter Meet 2016	Sheffield	ASA153	2
400 Individual Medley	4:31.68	651	16/01/17	Devon County Championships & Age Groups 2017	Plymouth	SW170375	2
100 Individual Medley	56.08	721	14/12/18	SE Winter Championships 2018	Sheffield	ENG012	2