

Individual Best Times (All Time)

Megan Adamson - (753129) - Calne Alpha Four ASC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	License	Level
50 Freestyle	29.08	539	04/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
100 Freestyle	1:01.10	606	05/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
200 Freestyle	2:11.50	634	06/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
400 Freestyle	4:41.13	595	24/03/19	Millfield Street Super Series (LC)	Millfield	SW190330	1
800 Freestyle	9:31.21	611	07/05/18	ASA SWR Summer Championships	Plymouth	SW180512	1
1500 Freestyle	18:28.10	573	19/05/18	ASA SWR Summer Championships	Millfield	SW180514	1
50 Breaststroke	37.12	496	11/03/18	UBSC National Qualifier Level 1 Open Meet	Hengrove	SW180292	1
100 Breaststroke	1:19.41	526	14/05/17	ASA SWR Summer Championships	Bristol	SW170195	1
200 Breaststroke	2:51.11	537	07/01/18	UBSC New Year Level 1 Open Meet	Hengrove	SW180293	1
50 Butterfly	31.71	457	25/05/19	Plymouth Leander National Qualifier L1 LC Open	Plymouth	SW191273	1
100 Butterfly	1:14.52	412	07/01/18	UBSC New Year Level 1 Open Meet	Hengrove	SW180293	1
200 Butterfly	3:33.17	186	03/11/13	City of Bristol SC Level 3 LC Open Meet	Bristol	SW3622	3
50 Backstroke	43.41	240	04/11/12	City of Bristol Level 3 Open Meet	Bristol	SW2523	3
100 Backstroke	1:19.68	385	10/04/16	City of Bristol International Open Meet	Bristol	SW160503	1
200 Backstroke	2:47.65	405	27/02/16	Aquae Sulis Spring Grand Prix	Bristol	SW160100	1
200 Individual Medley	2:31.38	578	05/05/18	ASA SWR Summer Championships	Plymouth	SW180512	1
400 Individual Medley	5:18.27	586	07/05/18	ASA SWR Summer Championships	Plymouth	SW180512	1

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	License	Level
50 Freestyle	28.27	533	20/01/19	Wiltshire ASA Age Group/Championships 2019	Swindon	SW190104	2
100 Freestyle	1:00.17	582	03/02/19	Wiltshire ASA Age Group/Championships 2019	Swindon	SW190106	2
200 Freestyle	2:09.93	613	20/01/19	Wiltshire ASA Age Group/Championships 2019	Swindon	SW190104	2
400 Freestyle	4:33.72	628	03/11/18	ASA SWR Winter Championships	Millfield	SW180511	2
800 Freestyle	9:21.28	622	27/01/18	Wiltshire Age Group/Championships 2018	Marlborough	SW180198	3
50 Breaststroke	36.54	481	04/02/18	Wiltshire Age Group/Championships 2018	Swindon	SW180199	3
100 Breaststroke	1:18.31	504	03/02/18	Wiltshire Age Group/Championships 2018	Swindon	SW180199	3
200 Breaststroke	2:45.11	541	25/11/17	Swim Bournemouth Short Course L2 Meet	Bournemouth	SW170246	2
50 Butterfly	31.16	478	04/02/18	Wiltshire Age Group/Championships 2018	Swindon	SW180199	3
100 Butterfly	1:12.19	432	29/09/18	Swindon Dolphin Club Champs 2018	The Link Centre	SW181541	4
200 Butterfly	3:14.47	232	26/07/15	Swindon Dolphin End of Season Meet	Swindon	SW150591	3
50 Backstroke	33.63	444	02/07/17	ASA SWR Fast 5 Competition	Gloucester	SW170198	3
100 Backstroke	1:11.85	449	29/07/17	Swindon Dolphins ASC End of Season Meet 2017	Swindon	SW170110	3
200 Backstroke	2:33.12	472	29/09/18	Swindon Dolphin Club Champs 2018	The Link Centre	SW181541	4
200 Individual Medley	2:28.21	555	04/11/18	ASA SWR Winter Championships	Millfield	SW180511	2
400 Individual Medley	5:09.97	582	04/11/18	ASA SWR Winter Championships	Millfield	SW180511	2
100 Individual Medley	1:09.90	528	20/01/19	Wiltshire ASA Age Group/Championships 2019	Swindon	SW190104	2