

# Individual Best Times (All Time)

Joseph Giles - (919859) - Gloucester City SC

## Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	License	Level
50 Freestyle	25.76	534	20/01/19	Gloucester County ASA Championships	Hengrove Pool	SW190227	1
100 Freestyle	56.36	576	05/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
200 Freestyle	2:04.08	555	19/01/19	Gloucester County ASA Championships	Hengrove Pool	SW190227	1
400 Freestyle	4:37.61	498	17/02/18	Team Bath Grand Prix	Bristol	SW180282	1
800 Freestyle	9:53.34	442	07/01/18	UBSC New Year Level 1 Open Meet	Hengrove	SW180293	1
1500 Freestyle	18:29.83	483	20/05/17	ASA SWR Summer Championships	Millfield	SW170196	1
50 Breaststroke	34.24	435	20/01/19	Gloucester County ASA Championships	Hengrove Pool	SW190227	1
50 Butterfly	27.79	514	20/01/19	Gloucester County ASA Championships	Hengrove Pool	SW190227	1
100 Butterfly	1:10.89	347	11/03/17	United Bristol Qual Level 1 Open Meet	Bristol	SW170483	1
50 Backstroke	28.53	595	05/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
100 Backstroke	1:01.99	585	25/05/19	City of Cardiff International Open Meet	Cardiff	WL190057	1
200 Backstroke	2:17.79	535	04/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
200 Individual Medley	2:27.96	457	05/05/18	ASA SWR Summer Championships	Plymouth	SW180512	1
400 Individual Medley	5:40.77	366	15/05/16	ASA SWR Summer Championships	Bristol	SW160536	1

## Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	License	Level
50 Freestyle	25.86	480	03/11/18	Sevenside Tritons November Sparkler	Gloucester	SW180947	3
100 Freestyle	53.94	578	22/01/19	Gloucester County ASA Championships	Gloucester	SW190228	2
200 Freestyle	2:02.09	539	27/06/18	CIRENCESTER 2018 CLUB CHAMPIONSHIPS	CIRENCESTER	SW181198	4
400 Freestyle	4:19.92	544	24/06/18	CIRENCESTER 2018 CLUB CHAMPIONSHIPS	CIRENCESTER	SW181196	4
800 Freestyle	9:03.42	543	25/06/18	CIRENCESTER 2018 CLUB CHAMPIONSHIPS	CIRENCESTER	SW181197	4
1500 Freestyle	17:29.37	527	09/12/18	GCASA Distance Event	Gloucester	SW181556	4
50 Breaststroke	35.77	351	24/03/18	Gloucester City Spring Meet 2018	Gloucester	SW180336	2
100 Breaststroke	1:12.70	447	21/01/19	Gloucester County ASA Championships	Gloucester	SW190228	2
200 Breaststroke	2:40.20	424	24/01/19	Gloucester County ASA Championships	Gloucester	SW190229	2
50 Butterfly	28.86	431	22/01/18	Gloucester County Championships	Gloucester	SW180285	2
100 Butterfly	1:03.11	442	23/01/19	Gloucester County ASA Championships	Gloucester	SW190229	2
200 Butterfly	2:26.54	406	24/01/19	Gloucester County ASA Championships	Gloucester	SW190229	2
50 Backstroke	28.04	497	13/04/19	Gloucester City Spring Level 2 & 3 Open Meet	Gloucester	SW190280	2
100 Backstroke	59.52	554	23/01/19	Gloucester County ASA Championships	Gloucester	SW190229	2
200 Backstroke	2:11.05	523	22/01/19	Gloucester County ASA Championships	Gloucester	SW190228	2
200 Individual Medley	2:16.74	515	21/01/19	Gloucester County ASA Championships	Gloucester	SW190228	2
400 Individual Medley	5:05.99	455	23/01/19	Gloucester County ASA Championships	Gloucester	SW190229	2
100 Individual Medley	1:02.50	521	24/01/19	Gloucester County ASA Championships	Gloucester	SW190229	2