

Individual Best Times (All Time)

Sophie Leonard - (957620) - Swindon Dolphin ASC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	License	Level
100 Freestyle	1:19.97	270	15/07/18	City of Bristol Summer Festival	Hengrove LC	SW181401	3
50 Butterfly	41.02	211	15/07/18	City of Bristol Summer Festival	Hengrove LC	SW181401	3
50 Backstroke	43.14	244	15/07/18	City of Bristol Summer Festival	Hengrove LC	SW181401	3
100 Backstroke	1:32.89	243	15/07/18	City of Bristol Summer Festival	Hengrove LC	SW181401	3

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	License	Level
50 Freestyle	32.34	356	13/01/19	Wiltshire ASA Age Group/Championships 2019	Swindon	SW190102	3
100 Freestyle	1:12.98	326	13/04/19	Gloucester City Spring Level 2 & 3 Open Meet	Gloucester	SW190280	2
200 Freestyle	2:45.65	296	13/01/19	Wiltshire ASA Age Group/Championships 2019	Swindon	SW190102	3
400 Freestyle	5:53.93	290	19/01/19	Wiltshire ASA Age Group/Championships 2019	Swindon	SW190103	3
800 Freestyle	12:01.74	292	24/02/19	Wiltshire ASA Age Group Championships 2019	Swindon	SW190107	2
50 Breaststroke	43.32	288	14/04/19	Gloucester City Spring Level 2 & 3 Open Meet	Gloucester	SW190280	2
100 Breaststroke	1:39.48	246	16/03/19	Tigersharks Spring L2 & L3 Graded Open Meet	Swindon	SW190060	2
200 Breaststroke	4:10.73	154	23/09/17	Swindon Dolphin Autumn Open Meet 2017	Swindon	SW170109	3
50 Butterfly	37.45	275	30/03/19	Swindon Dolphin Regional Qualifying Meet	Swindon	SW190058	3
100 Butterfly	1:46.34	135	20/01/18	Wiltshire Age Group/Championships 2018	Swindon	SW180196	3
200 Butterfly	4:07.41	112	08/04/18	Calne Alpha L4 Open Meet	Calne	SW180208	3
50 Backstroke	41.98	228	19/01/19	Wiltshire ASA Age Group/Championships 2019	Swindon	SW190103	3
100 Backstroke	1:28.99	236	14/01/18	Wiltshire Age Group/Championships 2018	Salisbury	SW180195	3
200 Backstroke	3:20.33	210	07/04/18	Calne Alpha L4 Open Meet	Calne	SW180208	3
200 Individual Medley	3:12.76	252	17/11/18	Swim Bournemouth Winter Short Course L2 Meet	Bournemouth	SW180271	2
400 Individual Medley	6:56.36	240	30/09/18	Swindon Dolphin Club Champs 2018	The Link Centre	SW181541	4
100 Individual Medley	1:29.74	249	27/10/18	Swindon Dolphin Autumn Open Meet 2018	Swindon	SW181494	3