

# Individual Best Times (All Time)

Rebecca Williams - (478690) - Middlesbrough SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Club Swam Under	Level
5:24.40	511	H	03/12/11	BG North East Region Championships	Sunderland	Middlesboro	2
5:27.39	497	H	28/10/12	Middlesbrough Halloween Meet	Middlesbrough	Middlesboro	2
5:36.34	459	H	22/10/11	Harrogate Junior Meet	Harrogate	Middlesboro	2
5:43.64	430	H	05/03/11	Northumberland & Durham Championships	Middlesbrough	Middlesboro	2
5:49.73	408	H	06/11/10	BG North East SC Champs	Sunderland	Middlesboro	2
5:52.96	397	H	24/10/10	Harrogate Junior Open Meet	Harrogate	Middlesboro	2
5:53.51	395	H	30/01/11	Middlesbrough Teeside Time Trial 3	Middlesbrough	Middlesboro	4
5:55.68	388	H	14/03/10	Northumberland & Durham Championships	Middlesbrough	Middlesboro	2
6:13.78	334	H	25/10/09	Harrogate Junior Meet	Harrogate	Middlesboro	2

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