

# Individual Best Times (Masters)

Manson Mak - (1602043) - East Leeds SC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	25.97	521	04/06/22	Yorkshire Open Masters and Senior Age Group Champs	Sheffield	MAS961	0
50 Breaststroke	29.69	667	10/09/22	GLLAM 2022	London	MAS989	0
100 Breaststroke	1:07.07	609	04/06/22	Yorkshire Open Masters and Senior Age Group Champs	Sheffield	MAS961	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	26.16	457	08/08/21	East Leeds	John Charles	LEX3744	0
50 Breaststroke	29.39	611	08/08/21	East Leeds	John Charles	LEX3744	0
100 Breaststroke	1:07.47	550	30/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
50 Butterfly	27.33	504	08/08/21	East Leeds	John Charles	LEX3744	0