

# Individual Best Times (Masters)

Kim Holmes - (392744) - Ryde Swimming Club

Long Course

| Stroke        | Time  | FINA Pts | Swim Date | Meet                     | Venue   | Licence | Level |
|---------------|-------|----------|-----------|--------------------------|---------|---------|-------|
| 50 Freestyle  | 31.56 | 418      | 21/01/24  | SSE LC Masters Meet 2024 | Crawley | MAS1115 | 0     |
| 50 Backstroke | 37.94 | 354      | 21/01/24  | SSE LC Masters Meet 2024 | Crawley | MAS1115 | 0     |

Short Course

| Stroke                | Time    | FINA Pts | Swim Date | Meet                                             | Venue        | Licence | Level |
|-----------------------|---------|----------|-----------|--------------------------------------------------|--------------|---------|-------|
| 50 Freestyle          | 30.56   | 422      | 29/10/22  | Swim England Masters National Championships 2022 | Sheffield    | MAS992  | 0     |
| 100 Freestyle         | 1:08.85 | 388      | 29/10/21  | Swim England National Masters Champs 2021        | Sheffield    | MAS924  | 0     |
| 50 Breaststroke       | 42.45   | 298      | 03/02/24  | 23rd IOW Masters Open Meet 2024                  | Newport, IOW | MAS1117 | 0     |
| 50 Backstroke         | 37.06   | 316      | 29/10/21  | Swim England National Masters Champs 2021        | Sheffield    | MAS924  | 0     |
| 100 Individual Medley | 1:23.71 | 307      | 30/10/21  | Swim England National Masters Champs 2021        | Sheffield    | MAS924  | 0     |