

Individual Best Times (Masters)

Shona Aldridge - (90046215) - Moray Masters

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	34.05	333	24/03/24	Scottish Masters LC Spring Meet 2024	Aberdeen	MAS1138	0
100 Freestyle	1:14.81	330	23/03/24	Scottish Masters LC Spring Meet 2024	Aberdeen	MAS1138	0
50 Breaststroke	46.81	241	23/03/24	Scottish Masters LC Spring Meet 2024	Aberdeen	MAS1138	0
50 Butterfly	36.68	295	24/03/24	Scottish Masters LC Spring Meet 2024	Aberdeen	MAS1138	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	34.50	293	27/01/24	Silver City Blues Masters Meet 2024	Aberdeen	MAS1120	0
100 Freestyle	1:14.73	304	27/01/24	Silver City Blues Masters Meet 2024	Aberdeen	MAS1120	0
50 Breaststroke	46.68	224	27/01/24	Silver City Blues Masters Meet 2024	Aberdeen	MAS1120	0
50 Butterfly	38.00	264	27/01/24	Silver City Blues Masters Meet 2024	Aberdeen	MAS1120	0