

Individual Best Times (Masters)

Josh Spencer - (10639) - York City Baths Club

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	23.96	595	09/05/15	Yorkshire Open Masters Meet	Leeds	MAS528	0
100 Freestyle	53.84	577	27/09/15	ASANER Masters Meet	Harrogate	MAS560	0
200 Freestyle	2:04.69	506	10/11/19	South Yorkshire Open Masters 2019	Sheffield	MAS884	0
400 Freestyle	4:31.80	476	10/11/19	South Yorkshire Open Masters 2019	Sheffield	MAS884	0
50 Breaststroke	31.96	475	06/07/13	North West Region Masters	Blackpool	MAS398	0
100 Breaststroke	1:07.25	555	27/09/15	ASANER Masters Meet	Harrogate	MAS560	0
200 Breaststroke	2:29.83	515	06/07/13	North West Region Masters	Blackpool	MAS398	0
50 Butterfly	26.11	578	09/05/15	Yorkshire Open Masters Meet	Leeds	MAS528	0
100 Butterfly	57.60	570	09/05/15	Yorkshire Open Masters Meet	Leeds	MAS528	0
200 Butterfly	2:09.42	562	06/07/13	North West Region Masters	Blackpool	MAS398	0
200 Backstroke	2:43.17	271	06/07/13	North West Region Masters	Blackpool	MAS398	0
200 Individual Medley	2:20.05	479	26/10/12	BG ASA Masters & Senior Meet	Sheffield	MAS335	0
100 Individual Medley	1:01.22	521	27/09/15	ASANER Masters Meet	Harrogate	MAS560	0