

Individual Best Times (Masters)

Nicholas Parkes - (1112650) - Harrogate District SC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
200 Freestyle	2:16.86	413	26/05/16	European Masters Championships	London	MAS615	0
400 Freestyle	4:59.41	397	27/05/16	European Masters Championships	London	MAS615	0
800 Freestyle	10:09.32	408	03/08/14	Fina World Masters Championships	Montreal, Canada	MAS480	0
1500 Freestyle	19:25.90	416	13/06/14	British Gas Masters 50m 2014	Swansea	MAS469	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	28.02	372	26/04/13	Midland Open Masters Meet	Leamington Spa	MAS405	0
100 Freestyle	1:00.63	404	26/04/13	Midland Open Masters Meet	Leamington Spa	MAS405	0
200 Freestyle	2:12.52	421	30/06/13	Northumberland & Durham Master	Durham	MAS421	0
400 Freestyle	4:40.00	435	30/06/13	Northumberland & Durham Master	Durham	MAS421	0
800 Freestyle	9:52.26	419	29/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
1500 Freestyle	19:01.64	408	22/02/15	ASA North West Region Masters Distance	Wigan	MAS516	0
50 Butterfly	30.24	372	07/04/13	Billingham Masters Meet	Billingham	MAS408	0
100 Butterfly	1:07.95	347	26/04/13	Midland Open Masters Meet	Leamington Spa	MAS405	0
200 Butterfly	2:39.95	298	27/10/13	BG ASA Masters Meet 2013	Sheffield	MAS388	0