

Individual Best Times (Masters)

Nina Williams - (1125223) - East Leeds SC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	28.59	563	14/06/15	GB Masters 2015	Manchester	MAS537	0
100 Freestyle	1:02.56	564	13/06/14	British Gas Masters 50m 2014	Swansea	MAS469	0
200 Freestyle	2:23.10	490	16/08/17	FINA World Masters Championships	Budapest	MAS698	0
400 Freestyle	5:02.01	473	14/06/14	British Gas Masters 50m 2014	Swansea	MAS469	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	27.45	582	25/10/14	ASA Masters Short Course Meet 2014	Sheffield	MAS494	0
100 Freestyle	1:00.18	582	24/10/14	ASA Masters Short Course Meet 2014	Sheffield	MAS494	0
200 Freestyle	2:15.12	544	26/10/14	ASA Masters Short Course Meet 2014	Sheffield	MAS494	0
400 Freestyle	4:50.02	507	22/02/15	ASA North West Region Masters Distance	Wigan	MAS516	0
800 Freestyle	10:23.28	449	25/10/15	ASA National Masters 2015	Sheffield	MAS570	0
50 Breaststroke	39.90	359	20/02/16	North West Masters Meet	Blackpool	MAS593	0
100 Breaststroke	1:30.06	331	28/11/15	Etwall Eagles Masters Open Meet	Derby	MAS578	0
50 Butterfly	34.01	368	04/10/14	East Region Masters Meet	Newmarket	MAS492	0
50 Backstroke	37.25	311	17/05/14	Yorkshire SA Open Masters	Scarborough	MAS464	0
100 Backstroke	1:24.30	276	26/11/16	12th Etwall Masters Open Meet	Alfreton	MAS649	0
100 Individual Medley	1:17.27	391	28/11/15	Etwall Eagles Masters Open Meet	Derby	MAS578	0