

Individual Best Times (Masters)

Alison Heasman - (1133629) - Kent Weald Swim Squad

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	47.14	125	04/03/18	Swim Wales Open Masters 2018	Swansea	MAS739	0
100 Freestyle	1:52.31	97	03/03/18	Swim Wales Open Masters 2018	Swansea	MAS739	0
200 Freestyle	4:09.51	92	21/07/18	Rushmoor Royals Masters 2018	Aldershot	MAS781	0
400 Freestyle	8:16.08	106	02/03/19	Swim Wales Open Masters 2019	Wales National Pool	MAS822	0
50 Breaststroke	47.05	238	29/02/20	Swim Wales Open Masters 2020	Wales National Pool	MAS907	0
100 Breaststroke	1:45.71	223	29/02/20	Swim Wales Open Masters 2020	Wales National Pool	MAS907	0
200 Breaststroke	4:03.12	181	04/03/18	Swim Wales Open Masters 2018	Swansea	MAS739	0
50 Backstroke	53.44	126	29/02/20	Swim Wales Open Masters 2020	Wales National Pool	MAS907	0
100 Backstroke	2:03.06	101	21/07/18	Rushmoor Royals Masters 2018	Aldershot	MAS781	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	44.19	139	26/10/19	Swim England National Masters	Sheffield	MAS882	0
200 Freestyle	3:49.04	111	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
50 Breaststroke	46.77	223	27/10/19	Swim England National Masters	Sheffield	MAS882	0
100 Breaststroke	1:42.94	222	25/10/19	Swim England National Masters	Sheffield	MAS882	0
200 Breaststroke	3:51.80	195	01/06/14	Erith Masters Meet	Bexleyheath	MAS470	0
50 Backstroke	52.25	112	04/11/20	Kent Weald Swim Squad	Strood Sports Centre	LEX536	0
100 Individual Medley	1:48.71	140	05/10/19	South East Region Short Course Masters	Guildford	MAS879	0