

Individual Best Times (Masters)

Sarah Aldridge - (1190303) - City of Southampton SC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	29.56	509	17/06/17	British Masters & Senior Age Group Champs	Aberdeen	MAS683	0
100 Freestyle	1:06.77	464	17/06/17	British Masters & Senior Age Group Champs	Aberdeen	MAS683	0
50 Breaststroke	40.17	382	09/06/18	British Masters Championships 2018	Plymouth	MAS769	0
50 Butterfly	34.43	357	16/08/17	FINA World Masters Championships	Budapest	MAS698	0
50 Backstroke	36.64	393	10/06/18	British Masters Championships 2018	Plymouth	MAS769	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	29.03	492	25/10/14	ASA Masters Short Course Meet 2014	Sheffield	MAS494	0
100 Freestyle	1:06.27	435	28/10/16	ASA National Masters 2016	Sheffield	MAS639	0
50 Breaststroke	39.09	382	18/11/18	Swim England Masters Inter County Competition	Various	MAS811	0
50 Butterfly	34.16	363	25/10/14	ASA Masters Short Course Meet 2014	Sheffield	MAS494	0
50 Backstroke	35.39	363	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
100 Individual Medley	1:21.73	330	24/10/15	ASA National Masters 2015	Sheffield	MAS570	0