

Individual Best Times (Masters)

Paul Williamson - (1199125) - Southwold Swimming Club

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	29.66	314	29/09/19	South West Region Masters	Weston-Super-Mare	MAS878	0
100 Freestyle	1:06.07	312	29/09/19	South West Region Masters	Weston-Super-Mare	MAS878	0
50 Breaststroke	39.66	248	04/07/21	Southwold Swimming Club	Yate Leisure centre	LEX3214	0
50 Butterfly	32.93	288	29/09/19	South West Region Masters	Weston-Super-Mare	MAS878	0
100 Individual Medley	1:16.92	262	29/09/19	South West Region Masters	Weston-Super-Mare	MAS878	0