

Individual Best Times (Masters)

Zorika Adams - (1241136) - Camden Swiss Cottage SC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	36.88	262	18/12/22	Swim England East Midlands Masters Championships	Derby	MAS1003	0
100 Freestyle	1:21.49	255	02/03/19	Swim Wales Open Masters 2019	Wales National Pool	MAS822	0
200 Freestyle	2:56.70	260	04/03/18	Swim Wales Open Masters 2018	Swansea	MAS739	0
400 Freestyle	6:07.27	263	02/03/19	Swim Wales Open Masters 2019	Wales National Pool	MAS822	0
800 Freestyle	12:36.86	262	04/03/18	Swim Wales Open Masters 2018	Swansea	MAS739	0
1500 Freestyle	23:27.76	279	02/03/24	Swim Wales Open Masters 2024	Swansea	MAS1126	0
50 Breaststroke	49.24	207	02/03/24	Swim Wales Open Masters 2024	Swansea	MAS1126	0
100 Breaststroke	1:46.24	219	21/01/23	Swim South East LC Masters Meet	Crawley	MAS1007	0
50 Butterfly	46.69	143	02/03/24	Swim Wales Open Masters 2024	Swansea	MAS1126	0
50 Backstroke	45.54	205	10/12/23	East Midland Masters & Senior Age Group Championsh	Derby	MAS1106	0
100 Backstroke	1:38.01	200	01/04/16	British Masters & Senior Age Group Meet	Sheffield	MAS598	0
200 Backstroke	3:24.49	218	18/12/22	Swim England East Midlands Masters Championships	Derby	MAS1003	0
200 Individual Medley	3:27.77	223	10/12/23	East Midland Masters & Senior Age Group Championsh	Derby	MAS1106	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	35.96	259	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
100 Freestyle	1:20.60	242	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
200 Freestyle	2:52.29	262	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
400 Freestyle	6:03.44	257	15/05/22	Erith Masters Meet & Kent Long Distance Champs	Bexleyheath	MAS959	0
800 Freestyle	12:29.81	258	28/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
1500 Freestyle	23:15.60	275	26/11/22	Masters 1500 Freestyle Meet	Barnet Cophall	MAS1000	0
50 Breaststroke	48.76	196	01/06/19	MCASA Masters 2018	Barnet	MAS849	0
100 Breaststroke	1:44.29	213	22/05/22	MCASA Masters 2022	Barnet Cophall	MAS960	0
200 Breaststroke	3:42.78	220	10/07/22	Barnet Cophall Masters Distance Meet 2022	Barnet Cophall	MAS967	0
50 Butterfly	47.70	133	01/06/19	MCASA Masters 2018	Barnet	MAS849	0
50 Backstroke	44.94	177	22/05/22	MCASA Masters 2022	Barnet Cophall	MAS960	0
100 Backstroke	1:36.27	185	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
200 Backstroke	3:21.82	204	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
200 Individual Medley	3:27.05	203	10/07/22	Barnet Cophall Masters Distance Meet 2022	Barnet Cophall	MAS967	0
100 Individual Medley	1:35.38	207	22/05/22	MCASA Masters 2022	Barnet Cophall	MAS960	0