

Individual Best Times (Masters)

Richard Adams - (1244700) - Transplant Swimming UK SC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
200 Freestyle	4:47.15	44	11/05/19	Norfolk Masters Long Course Open	Norwich	MAS841	0
400 Freestyle	9:01.34	67	03/04/16	British Masters & Senior Age Group Meet	Sheffield	MAS598	0
800 Freestyle	19:10.08	60	04/01/16	British Masters & Senior Age Group Meet	Sheffield	MAS598	0
1500 Freestyle	39:13.45	50	07/11/15	Scottish National Open 1500m Masters Meet	Glasgow	MAS580	0
50 Breaststroke	48.64	151	26/05/16	European Masters Championships	London	MAS615	0
100 Breaststroke	1:49.86	138	27/05/16	European Masters Championships	London	MAS615	0
200 Breaststroke	4:20.69	111	13/05/17	Norfolk Masters Meet	Norwich	MAS680	0
50 Backstroke	55.49	76	11/05/19	Norfolk Masters Long Course Open	Norwich	MAS841	0
100 Backstroke	2:11.75	60	04/06/22	Yorkshire Open Masters and Senior Age Group Champs	Sheffield	MAS961	0
200 Individual Medley	4:51.46	59	01/06/19	Yorkshire SA Masters Champs 2019	Sheffield	MAS847	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
200 Freestyle	4:03.78	67	19/11/16	East District Masters 2016	Preston Pans	MAS646	0
400 Freestyle	8:20.32	76	25/04/15	Scottish Masters Short Course Meet	Glasgow	MAS535	0
800 Freestyle	17:48.80	71	22/04/16	Scottish Masters Short Course Meet	Aberdeen	MAS602	0
1500 Freestyle	35:24.17	63	04/11/17	Scottish 1500	Glasgow	MAS742	0
50 Breaststroke	48.41	136	21/11/15	East of Scotland Open Masters Championship	Prestonpans	MAS579	0
100 Breaststroke	1:48.43	132	21/11/15	East of Scotland Open Masters Championship	Prestonpans	MAS579	0
200 Breaststroke	3:56.32	131	25/04/15	Scottish Masters Short Course Meet	Glasgow	MAS535	0
50 Backstroke	56.46	60	16/11/19	East District Open Masters	Mercat Gait	MAS895	0
100 Backstroke	2:00.39	64	16/11/19	East District Open Masters	Mercat Gait	MAS895	0
200 Individual Medley	4:52.00	52	19/04/19	Scottish National Masters Championships 2019	Royal Commonwealth	MAS836	0
100 Individual Medley	2:06.02	59	27/01/18	Silver City Blues Open Swim Meet 2018	Aberdeen	MAS743	0