

# Individual Best Times (Masters)

Tamsin Netherwood - (1285032) - Arun Tridents SC

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	31.66	379	17/09/17	Sussex Masters & Senior AG Championships	Burgess Hill	MAS706	0
100 Freestyle	1:11.76	343	22/05/22	2022 Sussex Seniors and Masters Championships	Sussex	MAS962	0
200 Freestyle	2:45.39	296	23/09/18	2018 Sussex Seniors and Masters Championships	Pavilion in the Park	MAS789	0
50 Breaststroke	39.38	373	03/11/20	Littlehampton SC	Littlehampton Wave	LEX299	0
50 Backstroke	37.94	294	10/09/23	Sussex Masters Championships 2023	Pavillion in the Par	MAS1074	0
100 Backstroke	1:24.04	278	23/09/18	2018 Sussex Seniors and Masters Championships	Pavilion in the Park	MAS789	0
100 Individual Medley	1:22.57	320	17/09/17	Sussex Masters & Senior AG Championships	Burgess Hill	MAS706	0