

Individual Best Times (Masters)

Thomas Allen - (1334317) - West Suffolk Swimming Club

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	30.93	276	07/04/24	Newmarket Masters Meet 2024	Newmarket	MAS1144	0
100 Freestyle	1:10.26	259	07/04/24	Newmarket Masters Meet 2024	Newmarket	MAS1144	0
200 Freestyle	2:30.70	286	07/04/24	Newmarket Masters Meet 2024	Newmarket	MAS1144	0
400 Freestyle	5:36.28	251	23/04/23	Newmarket Masters Meet 2023	Newmarket	MAS1034	0
1500 Freestyle	21:01.83	302	18/02/24	West Suffolk SC Valentines Masters Meet 2024	Abbeycroft LC	MAS1122	0
50 Breaststroke	42.01	209	07/04/24	Newmarket Masters Meet 2024	Newmarket	MAS1144	0
50 Backstroke	34.55	262	18/02/24	West Suffolk SC Valentines Masters Meet 2024	Abbeycroft LC	MAS1122	0
100 Backstroke	1:17.90	238	07/04/24	Newmarket Masters Meet 2024	Newmarket	MAS1144	0
200 Backstroke	2:49.20	243	18/02/24	West Suffolk SC Valentines Masters Meet 2024	Abbeycroft LC	MAS1122	0
200 Individual Medley	2:57.77	234	23/04/23	Newmarket Masters Meet 2023	Newmarket	MAS1034	0
100 Individual Medley	1:23.70	204	26/02/23	West Suffolk Masters Meet 2023	Bury	MAS1015	0