

# Individual Best Times (Masters)

Paul Arnold - (1363826) - Richmond Dales ASC

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	47.12	78	11/02/23	Carlisle Aquatics Masters Meet 2023	Carlisle	MAS1010	0
50 Backstroke	54.65	66	11/02/23	Carlisle Aquatics Masters Meet 2023	Carlisle	MAS1010	0