

# Individual Best Times (Masters)

Ralph Pinel - (1409398) - Newham & University of East Lond

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	27.74	428	17/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
100 Freestyle	1:02.92	413	05/03/22	Swim Wales Open Masters 2022	Swansea	MAS943	0
200 Freestyle	2:20.11	385	21/01/23	Swim South East LC Masters Meet	Crawley	MAS1007	0
400 Freestyle	5:07.25	367	05/03/22	Swim Wales Open Masters 2022	Swansea	MAS943	0
800 Freestyle	10:50.17	336	06/03/22	Swim Wales Open Masters 2022	Swansea	MAS943	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	27.61	389	30/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
100 Freestyle	1:00.64	404	28/11/21	Essex Masters 2021	Basildon	MAS936	0
200 Freestyle	2:16.03	389	28/11/21	Essex Masters 2021	Basildon	MAS936	0
400 Freestyle	4:55.30	371	28/11/21	Essex Masters 2021	Basildon	MAS936	0
800 Freestyle	10:43.58	327	31/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
1500 Freestyle	20:56.68	306	23/11/19	Masters 1500 Freestyle Meet	Barnet	MAS889	0
50 Butterfly	34.21	256	02/03/24	Essex Masters Meet 2024	Essex	MAS1133	0