## **Individual Best Times (Masters)**

## Martin Greenbank - (1415296) - Wey Valley SC

## Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	28.85	380	20/07/19	Rushmoor royals Masters 2019	Aldershot	MAS863	0
100 Freestyle	1:05.45	367	20/07/19	Rushmoor royals Masters 2019	Aldershot	MAS863	0
200 Freestyle	2:26.63	336	21/01/23	Swim South East LC Masters Meet	Crawley	MAS1007	0
400 Freestyle	5:15.81	338	23/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
50 Breaststroke	39.35	286	23/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
100 Breaststroke	1:30.68	246	21/01/23	Swim South East LC Masters Meet	Crawley	MAS1007	0
50 Butterfly	34.40	271	21/01/23	Swim South East LC Masters Meet	Crawley	MAS1007	0
100 Backstroke	1:26.61	211	19/01/20	SSE LC Masters 2020	Crawley	MAS897	0
200 Individual Medley	2:57.05	266	21/01/23	Swim South East LC Masters Meet	Crawley	MAS1007	0
400 Individual Medley	6:50.93	205	21/01/24	SSE LC Masters Meet 2024	Crawley	MAS1115	0

## Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	27.90	377	24/06/23	Surrey County Masters Championships 2023	Surrey	MAS1052	0
100 Freestyle	1:02.68	366	24/06/23	Surrey County Masters Championships 2023	Surrey	MAS1052	0
200 Freestyle	2:19.46	361	25/06/22	County Masters	Guildford	MAS965	0
50 Breaststroke	37.81	287	02/10/21	South East Short Course Masters 2021	Crawley	MAS926	0
100 Breaststroke	1:27.44	252	02/03/19	Bracknell Masters 2019	Bracknell	MAS821	0
50 Butterfly	34.30	254	05/03/22	Bracknell Masters Meet	Bracknell	MAS942	0
50 Backstroke	37.00	213	07/03/20	Bracknell 25th Anniversary Masters 2020	Bracknell	MAS908	0
100 Backstroke	1:22.58	200	02/10/21	South East Short Course Masters 2021	Crawley	MAS926	0
200 Individual Medley	2:53.40	252	05/03/22	Bracknell Masters Meet	Bracknell	MAS942	0
100 Individual Medley	1:16.22	270	25/06/22	County Masters	Guildford	MAS965	0