

Individual Best Times (Masters)

Rod Journeaux - (1429998) - City of Cambridge SC

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	33.60	215	10/10/21	East Region Masters Championships	Newmarket	MAS922	0
100 Freestyle	1:17.52	193	10/10/21	East Region Masters Championships	Newmarket	MAS922	0
50 Breaststroke	42.33	204	01/08/21	City of Cambridge	Parkside	LEX3750	0
200 Individual Medley	3:07.87	198	10/10/21	East Region Masters Championships	Newmarket	MAS922	0
100 Individual Medley	1:25.41	192	01/08/21	City of Cambridge	Parkside	LEX3750	0