

Individual Best Times (Masters)

Lyndsay Roe - (1447656) - Kettering Amateur Swimming Club

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	30.28	474	17/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
100 Freestyle	1:06.42	471	18/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
200 Freestyle	2:28.82	436	11/08/23	World Aquatics Masters Championships 2023	Fukuoka	MAS1061	0
400 Freestyle	5:37.25	339	21/04/24	British Masters Championships 2024	Swansea	MAS1147	0
800 Freestyle	11:31.72	344	10/12/23	East Midland Masters & Senior Age Group Championsh	Derby	MAS1106	0
50 Butterfly	35.35	330	18/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
100 Butterfly	1:19.18	344	19/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
50 Backstroke	37.87	356	03/06/23	British Masters Championships	Sheffield	MAS1046	0
100 Backstroke	1:21.83	343	11/08/23	World Aquatics Masters Championships 2023	Fukuoka	MAS1061	0
200 Backstroke	3:03.97	299	19/04/24	British Masters Championships 2024	Swansea	MAS1147	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	29.30	479	26/10/19	Swim England National Masters	Sheffield	MAS882	0
100 Freestyle	1:04.31	477	19/05/19	Midland Masters Championships 2019	Rugby	MAS846	0
200 Freestyle	2:21.79	470	25/10/19	Swim England National Masters	Sheffield	MAS882	0
400 Freestyle	5:11.62	408	26/10/19	Swim England National Masters	Sheffield	MAS882	0
1500 Freestyle	22:07.81	320	27/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
50 Breaststroke	45.63	240	02/03/24	Steve's Team & Uni of Birmingham Masters Meet 2024	Birmingham	MAS1127	0
50 Butterfly	33.77	376	31/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
100 Butterfly	1:17.89	334	29/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
50 Backstroke	34.91	378	25/10/19	Swim England National Masters	Sheffield	MAS882	0
100 Backstroke	1:18.26	345	31/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
200 Backstroke	2:52.61	327	17/09/23	Leicestershire ASA Masters gala	Leicester	MAS1070	0
200 Individual Medley	2:55.21	336	02/03/24	Steve's Team & Uni of Birmingham Masters Meet 2024	Birmingham	MAS1127	0
100 Individual Medley	1:19.95	353	17/09/23	Leicestershire ASA Masters gala	Leicester	MAS1070	0