

Individual Best Times (Masters)

Vicky Spong - (1449622) - Biggleswade SC

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	28.18	538	05/03/22	Bracknell Masters Meet	Bracknell	MAS942	0
100 Freestyle	1:02.77	513	05/03/22	Bracknell Masters Meet	Bracknell	MAS942	0
50 Breaststroke	44.10	266	04/07/21	Biggleswade	Saxon	LEX2934	0
50 Butterfly	30.87	492	13/11/22	Masters Inter-County 2022	Various	MAS995	0
100 Butterfly	1:09.80	464	24/04/22	8th Newmarket Masters Meet 2022	Newmarket	MAS951	0
50 Backstroke	35.03	374	04/07/21	Biggleswade	Saxon	LEX2934	0
200 Individual Medley	2:38.25	456	24/04/22	8th Newmarket Masters Meet 2022	Newmarket	MAS951	0
100 Individual Medley	1:12.21	479	05/03/22	Bracknell Masters Meet	Bracknell	MAS942	0