

Individual Best Times (Masters)

Ross Canning - (1470171) - Wear Valley SC

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	28.40	357	26/06/21	Wear Valley SC	Woodhouse Close Leis	LEX2597	0
100 Freestyle	1:05.60	319	26/06/21	Wear Valley SC	Woodhouse Close Leis	LEX2597	0
200 Freestyle	2:23.60	331	26/06/21	Wear Valley SC	Woodhouse Close Leis	LEX2597	0
50 Breaststroke	36.41	321	07/07/19	Northumberland & Durham Counties Masters	South Shields	MAS865	0
100 Breaststroke	1:16.60	375	29/02/20	8th Billingham Masters 2020	Billingham	MAS906	0
50 Butterfly	29.00	421	07/07/19	Northumberland & Durham Counties Masters	South Shields	MAS865	0
100 Butterfly	1:06.46	371	07/07/19	Northumberland & Durham Counties Masters	South Shields	MAS865	0
50 Backstroke	32.02	329	07/07/19	Northumberland & Durham Counties Masters	South Shields	MAS865	0
100 Backstroke	1:08.69	348	29/02/20	8th Billingham Masters 2020	Billingham	MAS906	0
400 Individual Medley	5:26.69	371	31/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
100 Individual Medley	1:08.16	377	29/02/20	8th Billingham Masters 2020	Billingham	MAS906	0