

Individual Best Times (Masters)

Kerys Arundell - (1479439) - Deepings SC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
200 Freestyle	3:09.60	210	20/04/24	British Masters Championships 2024	Swansea	MAS1147	0
400 Freestyle	6:30.78	218	29/08/22	European Masters Championships 2022	Rome	MAS994	0
800 Freestyle	13:19.55	222	28/08/22	European Masters Championships 2022	Rome	MAS994	0
50 Backstroke	45.67	203	21/04/24	British Masters Championships 2024	Swansea	MAS1147	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	38.90	204	07/04/24	Newmarket Masters Meet 2024	Newmarket	MAS1144	0
100 Freestyle	1:24.25	212	18/09/22	Leicestershire Masters Meet 2022	Leicester	MAS979	0
200 Freestyle	2:56.11	245	18/09/22	Leicestershire Masters Meet 2022	Leicester	MAS979	0
400 Freestyle	6:28.41	211	07/04/24	Newmarket Masters Meet 2024	Newmarket	MAS1144	0
800 Freestyle	13:51.09	189	31/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
50 Breaststroke	53.05	152	14/11/21	Masters Inter-County Meet 2021	Various	MAS987	0
100 Breaststroke	1:53.56	165	18/09/22	Leicestershire Masters Meet 2022	Leicester	MAS979	0
50 Butterfly	50.32	113	18/09/22	Leicestershire Masters Meet 2022	Leicester	MAS979	0
100 Butterfly	1:50.23	117	18/09/22	Leicestershire Masters Meet 2022	Leicester	MAS979	0
50 Backstroke	44.68	180	20/03/22	Calverton & Bingham Masters	Nottingham	MAS945	0
100 Backstroke	1:37.00	181	20/03/22	Calverton & Bingham Masters	Nottingham	MAS945	0
200 Backstroke	3:23.08	200	18/09/22	Leicestershire Masters Meet 2022	Leicester	MAS979	0
200 Individual Medley	3:40.46	168	24/04/22	8th Newmarket Masters Meet 2022	Newmarket	MAS951	0
100 Individual Medley	1:38.65	187	18/09/22	Leicestershire Masters Meet 2022	Leicester	MAS979	0