

# Individual Best Times (Masters)

Pete Russell - (1482290) - Team Anglia Masters Swimming Clu

Long Course

| Stroke                | Time    | FINA Pts | Swim Date | Meet                          | Venue     | Licence | Level |
|-----------------------|---------|----------|-----------|-------------------------------|-----------|---------|-------|
| 50 Freestyle          | 31.41   | 295      | 03/06/23  | British Masters Championships | Sheffield | MAS1046 | 0     |
| 400 Freestyle         | 5:35.02 | 283      | 03/06/23  | British Masters Championships | Sheffield | MAS1046 | 0     |
| 400 Individual Medley | 6:47.56 | 210      | 02/06/23  | British Masters Championships | Sheffield | MAS1046 | 0     |

Short Course

| Stroke                | Time     | FINA Pts | Swim Date | Meet                                        | Venue          | Licence | Level |
|-----------------------|----------|----------|-----------|---------------------------------------------|----------------|---------|-------|
| 50 Freestyle          | 30.03    | 302      | 19/09/21  | Barnet Cophall Mastesr Sprint Meet +        | Barnet Cophall | MAS916  | 0     |
| 100 Freestyle         | 1:04.87  | 330      | 15/09/19  | Masters Sprints Meet 2019                   | Barnet         | MAS870  | 0     |
| 200 Freestyle         | 2:25.20  | 320      | 22/02/20  | SENW Masters Championships                  | Blackpool      | MAS900  | 0     |
| 400 Freestyle         | 5:10.11  | 320      | 16/11/19  | Swim Wales Open Masters and Seniors SC 2019 | Newport        | MAS886  | 0     |
| 800 Freestyle         | 10:53.86 | 311      | 22/02/20  | SENW Masters Championships                  | Blackpool      | MAS900  | 0     |
| 1500 Freestyle        | 20:57.57 | 305      | 24/11/19  | Masters 1500 Freestyle Meet                 | Barnet         | MAS889  | 0     |
| 50 Breaststroke       | 41.83    | 212      | 07/12/19  | 15th Etwall Masters Open Meet               | Alfreton       | MAS893  | 0     |
| 100 Breaststroke      | 1:32.72  | 211      | 22/02/20  | SENW Masters Championships                  | Blackpool      | MAS900  | 0     |
| 50 Butterfly          | 32.47    | 300      | 19/09/21  | Barnet Cophall Mastesr Sprint Meet +        | Barnet Cophall | MAS916  | 0     |
| 100 Butterfly         | 1:17.61  | 233      | 29/09/19  | Swim England East Region Seniors & Masters  | Newmarket      | MAS877  | 0     |
| 50 Backstroke         | 39.13    | 180      | 07/12/19  | 15th Etwall Masters Open Meet               | Alfreton       | MAS893  | 0     |
| 200 Individual Medley | 2:51.29  | 262      | 19/05/19  | Midland Masters Championships 2019          | Rugby          | MAS846  | 0     |
| 400 Individual Medley | 6:19.66  | 236      | 31/10/21  | Swim England National Masters Champs 2021   | Sheffield      | MAS924  | 0     |
| 100 Individual Medley | 1:16.91  | 263      | 27/10/19  | Swim England National Masters               | Sheffield      | MAS882  | 0     |