

Individual Best Times (Masters)

David Abbott - (1516557) - Hornchurch SC

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	26.20	455	25/03/23	Essex Masters Championships 2023	Basildon	MAS1026	0
100 Freestyle	59.62	425	02/03/24	Essex Masters Meet 2024	Essex	MAS1133	0
200 Freestyle	2:19.55	361	25/03/23	Essex Masters Championships 2023	Basildon	MAS1026	0
400 Freestyle	5:24.63	279	02/03/24	Essex Masters Meet 2024	Essex	MAS1133	0
50 Butterfly	28.83	429	02/03/24	Essex Masters Meet 2024	Essex	MAS1133	0
100 Butterfly	1:08.07	345	09/07/23	Masters Distance Meet Barnet Cophall	Barnet	MAS1055	0
50 Backstroke	33.07	298	25/03/23	Essex Masters Championships 2023	Basildon	MAS1026	0
100 Backstroke	1:15.46	262	09/07/23	Masters Distance Meet Barnet Cophall	Barnet	MAS1055	0
200 Individual Medley	2:45.17	292	09/07/23	Masters Distance Meet Barnet Cophall	Barnet	MAS1055	0
100 Individual Medley	1:12.34	316	17/09/23	Barnet Cophall Masters Sprint Meet plus	Barnet Cophall	MAS1077	0