

Individual Best Times (Masters)

Lisa Aldridge - (1576607) - Farnham SC

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	39.52	195	11/09/22	Berks & S Bucks ASA Masters Meet	Maidenhead	MAS980	0
100 Freestyle	1:34.71	149	04/03/23	Bracknell Masters 2023	Bracknell	MAS1016	0
200 Freestyle	3:30.90	143	04/03/23	Bracknell Masters 2023	Bracknell	MAS1016	0
400 Freestyle	7:35.66	130	11/09/22	Berks & S Bucks ASA Masters Meet	Maidenhead	MAS980	0
50 Breaststroke	52.29	159	11/09/22	Berks & S Bucks ASA Masters Meet	Maidenhead	MAS980	0
200 Breaststroke	3:58.15	180	04/03/23	Bracknell Masters 2023	Bracknell	MAS1016	0
50 Backstroke	52.12	113	11/09/22	Berks & S Bucks ASA Masters Meet	Maidenhead	MAS980	0
100 Individual Medley	1:45.02	155	04/03/23	Bracknell Masters 2023	Bracknell	MAS1016	0