Individual Best Times (Masters)

Deborah Aresu - (1598482) - Windsor SC

Long Course

| Stroke | Time | FINA Pts | Swim Date | Meet | Venue | Licence | Level |
|---------------|-------|----------|--------------|----------------------------|------------|---------|-------|
| 50 Freestyle | 31.12 | 436 | 23/01/22 | South East Open LC Masters | K2 Crawley | MAS937 | 0 |
| 50 Butterfly | 33.94 | 372 | 22/01/22 | South East Open LC Masters | K2 Crawley | MAS937 | 0 |
| 50 Backstroke | 36.77 | 389 | 22/01/22 | South East Open LC Masters | K2 Crawley | MAS937 | 0 |

Short Course

| Stroke | Time | FINA Pts | Swim Date | Meet | Venue | Licence | Level |
|-----------------------|---------|----------|--------------|---------------------------------|------------|---------|-------|
| 50 Freestyle | 29.72 | 459 | 10/09/23 | BSBASA Open Masters Meet 2023 | Maidenhead | MAS1067 | 0 |
| 100 Freestyle | 1:08.90 | 387 | 10/09/23 | BSBASA Open Masters Meet 2023 | Maidenhead | MAS1067 | 0 |
| 50 Butterfly | 33.68 | 379 | 10/09/23 | BSBASA Open Masters Meet 2023 | Maidenhead | MAS1067 | 0 |
| 50 Backstroke | 33.51 | 427 | 30/09/23 | South East SC Masters Meet 2023 | Crawley | MAS1079 | 0 |
| 100 Backstroke | 1:13.19 | 421 | 30/09/23 | South East SC Masters Meet 2023 | Crawley | MAS1079 | 0 |
| 100 Individual Medley | 1:23.00 | 315 | 27/02/22 | Royal Navy Masters 19th Open | Millfield | MAS939 | 0 |

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