

Individual Best Times (Masters)

Melissa Alderson - (1601088) - Ashington SC

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
100 Freestyle	1:42.74	117	11/02/23	Carlisle Aquatics Masters Meet 2023	Carlisle	MAS1010	0
50 Breaststroke	50.06	182	18/03/23	Billingham Masters	Billingham	MAS1022	0
100 Breaststroke	1:51.61	174	13/03/22	Billingham Masters Meet	Billingham	MAS944	0
200 Breaststroke	4:03.44	168	18/03/23	Billingham Masters	Billingham	MAS1022	0
50 Backstroke	59.77	75	13/03/22	Billingham Masters Meet	Billingham	MAS944	0
100 Individual Medley	2:01.68	100	11/02/23	Carlisle Aquatics Masters Meet 2023	Carlisle	MAS1010	0