

Individual Best Times (Masters)

James Lamb - (1637935) - Gloucester Masters SC

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	31.33	266	13/05/23	UoB Masters Meet	Birmingham	MAS1039	0
100 Freestyle	1:11.06	251	13/05/23	UoB Masters Meet	Birmingham	MAS1039	0
200 Freestyle	2:47.34	209	13/05/23	UoB Masters Meet	Birmingham	MAS1039	0
400 Freestyle	6:23.78	169	18/02/24	Royal Navy Masters 21st Open	Millfield	MAS1121	0
50 Breaststroke	43.31	191	03/09/23	Gloucestershire & Somerset County Masters	Weston-super-Mare	MAS1062	0
50 Butterfly	36.65	209	27/07/23	EuroGames 2023	Bern	MAS1064	0
50 Backstroke	45.17	117	03/09/23	Gloucestershire & Somerset County Masters	Weston-super-Mare	MAS1062	0
200 Individual Medley	3:13.07	183	27/07/23	EuroGames 2023	Bern	MAS1064	0
400 Individual Medley	7:22.34	149	27/07/23	EuroGames 2023	Bern	MAS1064	0
100 Individual Medley	1:25.02	194	27/07/23	EuroGames 2023	Bern	MAS1064	0