

Individual Best Times (Masters)

James Abbott - (1643881) - Deepings SC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	28.39	399	03/06/23	British Masters Championships	Sheffield	MAS1046	0
100 Freestyle	1:03.70	398	03/06/23	British Masters Championships	Sheffield	MAS1046	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
200 Freestyle	2:20.28	355	28/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
400 Freestyle	5:07.08	330	23/04/23	Newmarket Masters Meet 2023	Newmarket	MAS1034	0
800 Freestyle	10:49.64	318	30/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
1500 Freestyle	21:24.21	286	28/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
50 Backstroke	34.26	268	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
200 Individual Medley	2:37.20	339	23/04/23	Newmarket Masters Meet 2023	Newmarket	MAS1034	0