

Individual Best Times (Masters)

Nicholas Albrow - (211118) - Basildon and Phoenix SC

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	27.73	384	12/03/22	Essex Masters Championships	Basildon	MAS948	0
100 Freestyle	59.77	422	12/03/22	Essex Masters Championships	Basildon	MAS948	0
200 Freestyle	2:14.64	402	12/03/22	Essex Masters Championships	Basildon	MAS948	0
50 Butterfly	29.28	409	12/03/22	Essex Masters Championships	Basildon	MAS948	0